



For Immediate Release

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**New Destinations Medical Spa Launches Region's First/Only Professional
Cosmetic Skincare Treatments Delivered to Your Home**

**Specialized Mobile Medical Team Administers Full Range of Laser, Botox® and
Injectable Skincare Treatments Conveniently/Privatey**

(San Marcos, CA, February 2007) -- Destinations Medical Spa (DMS) has just launched Southern California's first doctor-managed mobile cosmetic care service that provides the latest in laser, Botox®, injectable and other spa treatments administered in the comfort and privacy of your home or office.

Set to rival the most sophisticated medical health spas in terms of delivering professional care, service, and state-of-the-art equipment, Destinations Medical Spa is led by treating physician and medical director Donna M. Richardson, MD. Richardson previously served as a Southern California Kaiser Permanente physician for more than 30 years and is a certified associate of the American Academy of Cosmetic Surgery and a member of the Botox Physicians Network.

Through DMS, Richardson and her team of licensed medical professionals offer a wide range of cosmetic procedures with in-home or at-office delivery including:

- Laser Hair Removal
- Laser Genesis: wrinkle reduction
- Photo Genesis: Cutera IPL complexion blending
- Titan: Skin Tightening
- 3-D Skin Rejuvenation: the non-surgical facelift
- Injectables: Botox, Restylane®, and CosmoDerm™
- Chemical Peels
- Vibradermabrasion
- Aesthetic Facials: Restoring Green Tea, Vibrant Vitamin C, Facials for Men
- Acne Therapy
- Vein Therapy
- Massage Therapy

“When choosing a medical spa, the most important considerations are fairly obvious: the variety of available services, the skill and expertise of the practitioners providing the

services, the state of technology used, the quality of products delivered and, of course, privacy,” explains Richardson. “For most spas, the issue of privacy is problematic—walking in and out of a spa following a medical treatment is hardly a private experience. Destinations Medical Spas delivers on all of these important considerations as well as privacy.”

Another factor that sets DMS apart is convenience. “Our unique, hygienic mobile services are designed to meet the needs of individuals who want and need non-invasive cosmetic procedures but are unwilling to travel to a medical spa facility for a variety of personal reasons,” says Richardson. “We provide very personal cosmetic treatments that most people prefer to be discreet about. The quality of care we deliver through DMS is on par with the best traditional medical spas *and* we deliver that care in the comfort of your home.”

DMS Chief Operating Officer Skyler Evans offers a logical explanation for those considering cosmetic medical treatments: “Destinations Medical Spa is an idea whose time has come”, states Evans. “Why would anyone fight traffic or sit in a public waiting room when they can enjoy the luxury of even better service at home, on their own schedule, and at no increase in price?”

DMS also caters to small groups interested in at-home cosmetic procedures and works with many of San Diego’s day spa facilities to provide services to their clientele. Initial at-home consultations are free and available by calling 760-525-7184 or sending an email to: info@destinationsmedspa.com.

About Destinations Medical Spa:

Headquartered in San Marcos, CA, Destinations Medical Spa is the region’s first and only mobile, doctor-managed cosmetic care service that provides the latest in laser, Botox®, injectable and other spa treatments in the comfort and privacy of the home or office. DMS serves the greater San Diego area including Temecula. For more information visit www.destinationsmedspa.com or call 760-525-7184 or send an email to: info@destinationsmedspa.com.

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